



University : Uzbekistan State World Languages University
Country : Uzbekistan
Web Address: <https://www.uzswlu.uz/en>

[1] Setting and Infrastructure (SI)

[1.21] Health infrastructure facilities for students, academics and administrative staffs' wellbeing

Uzbekistan State World Languages University (UzSWLU) has developed a comprehensive and sustainable health infrastructure system that reflects the university's deep commitment to safeguarding the physical, psychological, and social well-being of its entire academic community. This approach is grounded in the understanding that the health of students, faculty, and staff is a fundamental pillar of educational quality and institutional sustainability.

UzSWLU's medical framework goes beyond routine healthcare — it embodies a preventive, inclusive, and human-centered philosophy, ensuring that every member of the university community has access to timely medical assistance, emotional support, and health education.

The university operates permanent medical divisions located at both the Main Campus and the Zakovat Campus, which function as fully equipped health units providing diagnostic, preventive, and emergency care. These centers are designed to deliver not only first-aid treatment but also regular health check-ups, vaccination programs, and public health awareness campaigns.

Through the continuous efforts of qualified physicians, nurses, and psychologists, the university has created a safe and compassionate environment where health, learning, and well-being coexist harmoniously. The medical infrastructure is integrated into UzSWLU's broader sustainability mission — aligning with the national priorities on youth health, gender equality, and mental well-being, as well as with UN Sustainable Development Goals (SDG 3 and SDG 4).

Every academic and dormitory building is equipped with first-aid kits and emergency response systems, while the main medical centers operate under certified medical specialists and experienced paramedics.

In addition, every student dormitory is served by two qualified nurses who are on rotational duty 24/7, providing round-the-clock medical assistance, monitoring student health, and coordinating referrals with the main university clinic when necessary.

The university also employs three certified psychologists, offering individual and group counseling sessions, stress management training, and workshops on emotional resilience. Their work ensures that the psychological welfare of students is prioritized equally alongside their physical health.

UzSWLU places a strong emphasis on preventive health and lifestyle awareness. Every year, each faculty organizes Health and Healthy Lifestyle Weeks, designed to cultivate a culture of well-being and self-care among students and staff.

These initiatives include:

- Seminars, master classes, and interactive workshops with medical specialists and healthcare professionals on topics such as nutrition, sports medicine, mental balance, and hygiene.
- Health screenings and vaccination programs conducted in partnership with the Ministry of Health and the Tashkent City Medical Emergency Service.
- Fitness and health awareness events aimed at promoting physical activity and reducing sedentary lifestyles.



The university also organizes monthly blood donation campaigns, encouraging voluntary participation among students and staff. These drives not only contribute to the national healthcare system but also instill civic responsibility and compassion within the campus community.

All these programs are coordinated under the Department of Student Support and Health, which integrates medical care, psychological counseling, and health education into the university's long-term sustainability strategy.



Medical center (UzSWLU)



Psychological counseling and awareness activities

Additional evidence link (i.e., for videos, more images, or other files that are not included in this file):

<https://www.uzswlu.uz/en#>

https://www.instagram.com/uzswlu_official

<https://www.facebook.com/uzswlu.uz>

<https://www.youtube.com/c/Ozbekistondavlatjahontillariuniversiteti>

<https://t.me/UzSWLU>