



University : Uzbekistan State World Languages University
Country : Uzbekistan
Web Address: <https://www.uzswlu.uz/en>

[1] Setting and Infrastructure (SI)

[1.17] Health infrastructure facilities for students, academics and administrative staffs' wellbeing

Overview

Uzbekistan State World Languages University (UzSWLU) is committed to promoting the health, safety, and well-being of students, academic staff, and administrative personnel through a comprehensive health support system that combines preventive healthcare, emergency medical assistance, mental health services, and health education.

Health services are integrated into the university's student support system and are implemented in accordance with the **Occupational Health and Safety Policy, Student Health Protection Regulations, Gender Equality Policy**, and other institutional regulations aimed at creating a healthy and supportive learning environment.

The university maintains permanent medical facilities at its major campuses and provides accessible healthcare services across all university buildings, student dormitories, and recreational facilities.

Health Infrastructure

UzSWLU has established a health infrastructure that provides immediate medical assistance and preventive healthcare services for the university community.

The university's health infrastructure includes:

- Medical centres operating at the Main Campus and Zakovat Campus;
- Medical examination and consultation rooms;
- Emergency medical rooms;
- First-aid stations located throughout academic buildings;
- Fully equipped first-aid kits available in every academic and administrative building;
- Medical rooms serving student dormitories;
- Certified physicians and qualified nursing personnel;
- Certified psychologists providing mental health support;
- Emergency referral procedures coordinated with local healthcare institutions.



These facilities ensure that students and staff receive timely medical assistance whenever required.

Health Services

The university provides a wide range of healthcare services, including:

- Primary medical consultations;
- Emergency first aid;
- Preventive medical examinations;
- Routine health monitoring;
- Vaccination campaigns;
- Health screening programmes;
- Medical referrals to specialized healthcare institutions;
- Individual medical consultations for students and employees.

Medical personnel also provide health guidance and monitor the overall health conditions of students residing in university dormitories.

Mental Health and Psychological Support

UzSWLU recognizes that mental well-being is an essential component of academic success and sustainable development.

Certified psychologists provide:

- Individual counselling sessions;
- Group counselling programmes;
- Stress management training;
- Psychological adaptation support for first-year students;
- Crisis intervention when required;
- Awareness programmes promoting emotional well-being.

These services are confidential, accessible, and available to both students and university employees.

Health Promotion and Preventive Programmes

The university actively promotes healthy lifestyles through year-round health education programmes.

Regular activities include:

- Health and Healthy Lifestyle Week;



- Medical seminars and awareness campaigns;
- Nutrition and healthy living workshops;
- Physical activity promotion programmes;
- Blood donation campaigns;
- Vaccination programmes organized in cooperation with healthcare authorities;
- Hygiene awareness campaigns;
- Health education events conducted by medical professionals.

These initiatives encourage preventive healthcare and support long-term physical and mental well-being.

Student Dormitory Health Services

Special attention is given to students residing in university dormitories.

Each student residence is supported by qualified nursing personnel who provide:

- First-aid services;
- Daily health monitoring;
- Emergency medical assistance;
- Health consultations;
- Referral to university medical centres when necessary.

This system ensures continuous healthcare support for students living on campus.

Health Management and Continuous Improvement

The university continuously improves its health infrastructure through regular equipment upgrades, staff training, preventive maintenance, and cooperation with local healthcare institutions.

Health services are coordinated by the university administration in collaboration with medical professionals, psychologists, student support services, and relevant public health organizations.

Regular monitoring and evaluation help ensure that healthcare services remain effective, accessible, and responsive to the needs of the university community.

Partnership with City Clinical Hospital No. 16

<https://uzswlu.uz/backend/web/uploads/pagepdf/icon/17839661292683.pdf>

Uzbekistan State World Languages University maintains an official cooperation agreement with City Clinical Hospital No. 16 to ensure access to hospital-level



healthcare services for students, academic staff, and administrative personnel. Under this partnership, members of the university community receive emergency medical care, specialist consultations, diagnostic services, inpatient treatment when required, and referral-based healthcare. This cooperation complements the university's own medical centres and provides a comprehensive health support system.

By providing accessible healthcare services, promoting healthy lifestyles, and supporting both physical and mental well-being, UzSWLU creates a healthy campus environment that enables students and employees to participate fully in academic and professional life.



Medical center (UzSWLU)



Psychological counseling and awareness activities

Additional evidence link (i.e., for videos, more images, or other files that are not included in this file):

<https://uzswlu.uz/backend/web/uploads/pagepdf/icon/17839661292683.pdf>

<https://www.uzswlu.uz/en#>



https://www.instagram.com/uzswlu_official

<https://www.facebook.com/uzswlu.uz>

<https://www.youtube.com/c/Ozbekistondavlatjahontillariuniversiteti>

<https://t.me/UzSWLU>