



University : UzSWLU
Country : Uzbekistan
Web Address: <https://www.uzswlu.uz/en>

[3] Waste (WS)

3.4 (WS.4) Program to Reduce the Use of Paper and Plastic on Campus

Uzbekistan State World Languages University (UzSWLU) has implemented a comprehensive **Paperless and Plastic-Free Campus Programme** to reduce paper consumption and single-use plastics through digital transformation, sustainable procurement, environmental awareness, and responsible consumption practices. The programme is implemented across all university campuses and is coordinated by the Department of Natural Sciences, the Campus Management Division, the Information Technology Centre, and student environmental organizations.

During the reporting period, the university implemented the following programmes and initiatives:

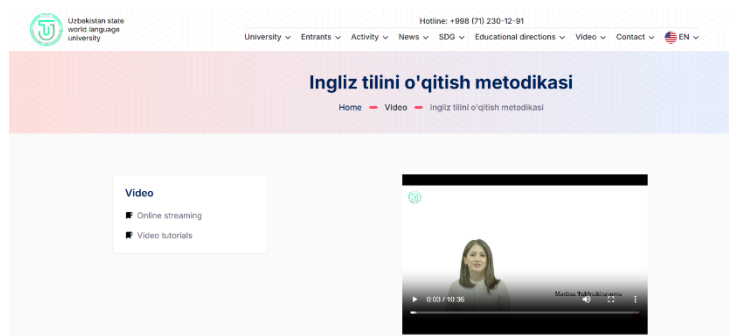
1. Paperless Administration Programme

The university has implemented an e-Governance system that enables electronic documentation, digital archiving, electronic approvals, and online administrative workflows. Most official correspondence, reports, and internal documentation are processed electronically, significantly reducing paper consumption.



2. Digital Teaching and Learning Programme

Teaching and learning activities are delivered through Moodle, Microsoft Teams, and Google Workspace. Course materials, assignments, assessments, and feedback are distributed electronically, minimizing the need for printed documents.



3. Digital Office Initiative

Administrative offices apply digital document management and electronic communication to replace paper-based procedures whenever possible. Staff are encouraged to use digital records instead of printed copies.

4. Think Before You Print Campaign

The university regularly promotes responsible printing practices by encouraging staff and students to print only when necessary and to review documents electronically before printing.



5. Double-Sided Printing Practice

When printing is required, departments are encouraged to use double-sided printing to reduce paper consumption and improve resource efficiency.

6. Plastic-Free Campus Initiative

Single-use plastic products are gradually being replaced with reusable and environmentally friendly alternatives during university meetings, conferences, student events, and campus activities.

7. Reusable Bottle and Mug Campaign

Students and staff are encouraged to use refillable water bottles and reusable cups through awareness campaigns and the installation of drinking water refill points.

8. Sustainable Procurement Programme

The university prioritizes environmentally preferable office supplies, reusable products, and materials with reduced plastic packaging during procurement processes.

9. Environmental Awareness Campaigns

Regular activities such as Eco Fridays, Plastic-Free Campus Days, seminars, exhibitions, and student campaigns promote responsible paper and plastic consumption throughout the university community.

10. Green Leaders and Eco Volunteers Programme

The Green Leaders Club and Eco Volunteer groups organize educational events, clean campus campaigns, and awareness programmes encouraging sustainable behaviour and responsible waste reduction.

11. Digital Literacy Training

Training sessions are provided for academic and administrative staff to strengthen digital competencies and support the transition from paper-based to electronic workflows.

12. Institutional Partnerships for Sustainable Waste Management

UzSWLU cooperates with the Tashkent City "**Maxsus Trans**" **Waste Management Company** and the Ecological Party of Uzbekistan to support waste reduction, environmental education, and responsible resource management across university campuses.



Additional evidence link (i.e., for videos, more images, or other files that are not included in this file):

<https://t.me/UzSWLU>

<https://t.me/UzSWLU/26206>

<https://t.me/UzSWLU/23356>

<https://t.me/UzSWLU/40281>

<https://t.me/UzSWLU/35272>

<https://t.me/UzSWLU/33615>

<https://t.me/UzSWLU/31292>

<https://t.me/UzSWLU/31049>

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