



UZBEKISTAN STATE WORLD LANGUAGES UNIVERSITY

Community Health and Wellbeing Outreach Programs

Neighborhood prevention | Student volunteering | Vulnerable youth support | Reproductive health

Uzbekistan State World Languages University (UzSWLU) delivers institution-led health and wellbeing outreach through neighborhood-based prevention, student volunteering and targeted support for vulnerable people. Direct community activities have reached residents of the Jurjoni neighborhood, children receiving palliative care, and young people and families in the Katta Cho'ponota and Hamdost neighborhoods. Campus health education complements — but is not presented as a substitute for — this outward-facing work.

Institutional approach

The University coordinates outreach through its administration, faculties, prevention inspector, psychologist, Women's Council and student volunteers. Delivery takes place in local neighborhoods, at the Taskin Children's Hospice in Zangiota District and, where relevant, on campus. Community partners include the 23rd Family Polyclinic, neighborhood representatives, families, medical specialists and the Ecological Party of Uzbekistan.

The model links prevention, compassionate service and continuing support: staff and health professionals work with neighborhood residents, student volunteers support seriously ill children, and university leaders maintain contact with vulnerable local youth and families.

Evidence classification. Direct outreach with external beneficiaries is presented separately from supporting campus health education so that the evidence remains aligned with the local-community focus of the assessment question.

Health and wellbeing themes

- Community prevention with Jurjoni neighborhood residents and the 23rd Family Polyclinic, focused on healthy lifestyles, drug-use prevention, youth and women's health, and the social and psychological consequences of addiction.
- Compassionate community care for children with oncological and other serious illnesses through student volunteering at the Taskin Children's Hospice.
- Social and emotional wellbeing support for vulnerable young people living in local neighborhoods through the Youth Balance initiative.
- Reproductive and family health, including premarital screening, hereditary conditions, maternal and child health, early-marriage prevention and medical advice for young families.
- Preventive health education covering HIV/AIDS, personal hygiene, cardiovascular risks, nutrition, physical activity, stress, harmful habits and responsible use of health services.
- Voluntary blood donation and donor awareness, including eligibility requirements, medical screening, donor culture and the social value of donating blood.

Direct local-community outreach

These programs provide the clearest evidence that the University, as an institution, delivers health and wellbeing activity beyond its own campus. Each entry identifies an external beneficiary group or community setting, the University's delivery role and the documented health contribution.

Community relevance

The strongest current direct evidence is the 18 December 2025 preventive event delivered with residents of the Jurjoni neighborhood and staff of the 23rd Family Polyclinic. University personnel were named as organizers, the external beneficiary group and community setting were identified, and the activity addressed healthy lifestyles, drug-use prevention, youth and women's health, and family and psychosocial wellbeing.

The 2024 hospice and Youth Balance records demonstrate additional forms of outreach: student volunteering with seriously ill children and sustained engagement with vulnerable neighborhood youth and their families. Campus-based reproductive-health, donor-awareness and preventive-health sessions are retained as supporting evidence because they develop knowledge and civic capacity, but they are not relied upon as the principal proof of local-community outreach.

Organization and partnership

- University medical personnel provide health guidance and support access to appropriate services.
- The prevention inspector, Rector's Advisor on Women's Affairs and university psychologist deliver neighborhood prevention activity with local healthcare personnel.
- Faculties, tutors and psychologists organize participation and integrate health education into student support.



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- External healthcare specialists provide professional input for reproductive health, infectious disease prevention and other medical topics.
- Neighborhood representatives and families participate in identifying and responding to the needs of vulnerable local youth.
- Student volunteering is embedded in hospice support, blood donation and health-awareness activities.

Photographic record

The photographs below form part of the signed institutional record and document the campus-based preventive-health component delivered by medical specialists and university representatives.



Documented outcomes

The evidence demonstrates a layered approach to community health and wellbeing: a 2025 neighborhood-based prevention event delivered with a family polyclinic; student volunteering with seriously ill children; sustained engagement with vulnerable neighborhood youth; quarterly reproductive-health education; and preventive-health and donor awareness. No beneficiary totals or clinical outcomes are claimed where the official sources do not provide them.

Sources / evidence

- Official institutional report with photographic evidence.
- Preventive event: Mahalla – Family Polyclinic – Educational Institution — <https://uzswlu.uz/en/news/profilaktik-tadbir-1766114384>
- Roundtable Discussion on Women's Reproductive Health Held at UzSWLU — <https://uzswlu.uz/reproductive-health>
- Students visited Uzbekistan's first children's hospice — <https://uzswlu.uz/news/talabalar-birinch-bolalar-xospisida-boldi-1710923303>
- Youth Balance neighborhood outreach — <https://uzswlu.uz/en/news/youth-balance-1713171128>
- Roundtable on women's physical and mental wellbeing — <https://uzswlu.uz/en/news/roundtable-discussion-1741075582>