



UZBEKISTAN STATE WORLD LANGUAGES UNIVERSITY

Student Access to Sexual and Reproductive Health Care Services

Free medical care | Specialist referral | Reproductive health education | HIV/AIDS prevention

Uzbekistan State World Languages University provides students with free access to medical care, psychological and social support, specialist referral services, and educational programs relating to sexual and reproductive health.

Direct access to medical care

Students experiencing a medical or reproductive-health concern may directly visit the University Medical Unit without first contacting another university office, free of charge. Qualified doctors and nurses provide services around the clock, including initial medical assessment, professional advice and necessary first aid, at no cost to the student.

When a student requires specialist examination, diagnosis or treatment that cannot be provided within the University, the Medical Unit refers the student to the University's partner institution, City Clinical Hospital No. 16. This referral arrangement provides students with a clear, free-of-charge pathway from primary university-based care to specialized external medical services.



Preventive medical check-ups for students in the student residence, February 2025

Psychological and social support

Students who require psychological or social support may contact the University psychologist, free of charge. Each faculty also has a designated Women's Committee representative who provides initial guidance and supports female students in accessing appropriate university or external services.

The psychologist and Women's Committee representatives do not act as mandatory intermediaries for medical care. Students may visit the University Medical Unit directly. These representatives primarily assist students experiencing psychological, emotional, family-related or social difficulties and, where necessary, connect them with medical or other professional support.

Reproductive health information and education

The University regularly organizes educational and preventive programs designed to improve students' knowledge of sexual and reproductive health. These activities involve qualified gynecologists, obstetrician-gynecologists, university psychologists, faculty specialists, tutors, family polyclinic representatives and specialists from the Tashkent Regional AIDS Center.

The programs cover:

- Women's reproductive health.
- Family planning and preparation for a healthy family life.
- Premarital medical examinations.
- Prevention and early identification of hereditary and genetic conditions.
- Maternal and child health.
- Prevention of early marriage and associated health risks.
- HIV/AIDS transmission and prevention.
- Personal hygiene and prevention of infectious diseases.
- Healthy relationships and responsible health decisions.
- The importance of timely medical examinations.



UZBEKISTAN STATE WORLD LANGUAGES UNIVERSITY

Students are able to ask specialists individual questions and receive professional guidance, free of charge. Educational sessions use presentations, discussions and video materials to provide accessible and evidence-based health information.

On 8 November 2025, the University organized a roundtable discussion led by a qualified gynecologist on improving women's reproductive health and medical literacy. The event addressed reproductive health protection, prevention of early marriage, healthy lifestyles and factors affecting the health of future generations. The session was interactive and allowed students to receive professional answers directly from the specialist. Such reproductive-health awareness activities are organized by the University on a quarterly basis.



Meeting of female students with UNFPA specialists on reproductive health, October 2025

The University has also cooperated with the Shaxnoza Fayz-eko Clinic to provide students and staff with professional guidance from doctors, dieticians and gynecologists. Activities conducted with the clinic have included information on reproductive health, preventive care and free or discounted consultations.

HIV and AIDS prevention

The University organizes meetings and awareness activities dedicated to HIV/AIDS prevention, free of charge to all participants. Specialists explain transmission routes, preventive measures, personal hygiene and the importance of responsible health behavior.

A preventive program held at the Faculty of Oriental Philology involved specialists from the Tashkent Regional AIDS Center. Students participated in an open discussion and received information through presentations and video materials. Similar activities are organized across the University in connection with World AIDS Day and other health-awareness initiatives.



HIV/AIDS prevention session at English Language Faculty 2, 1 December 2025

Integrated student support

The University's approach combines four connected elements, provided to students free of charge:



UZBEKISTAN STATE WORLD LANGUAGES UNIVERSITY

- Direct access to the University Medical Unit and its doctors and nurses.
- Round-the-clock initial medical care and first aid.
- Referral to City Clinical Hospital No. 16 when specialist services are required.
- Regular information, education, psychological support and specialist-led reproductive-health activities.

Through this system, students can access medical assistance directly while also benefiting from preventive education, psychological support, professional consultations and referral to specialized health-care institutions — at no cost to the student.

Official sources

- UzSWLU Reproductive Health — <https://uzswlu.uz/reproductive-health>
- UzSWLU Good Health and Wellbeing Report — <https://www.uzswlu.uz/backend/web/uploads/pagepdf/icon/17380616793521.pdf>
- UzSWLU Reproductive Health and Family Planning Evidence — <https://uzswlu.uz/backend/web/uploads/pagepdf/icon/17379595258193.pdf>
- University health awareness activity — https://t.me/uzswlu_mmb/57454
- University reproductive health activity — https://t.me/uzswlu_mmb/57444
- University HIV and AIDS prevention activity — https://t.me/uzswlu_mmb/56819
- University medical awareness activity — https://t.me/uzswlu_mmb/56405