



UZBEKISTAN STATE WORLD LANGUAGES UNIVERSITY

Education Outreach Activities Beyond Campus

School-based language centers | Teacher development | Psychological training | Student-supported

Uzbekistan State World Languages University undertakes structured educational outreach beyond its campuses, particularly through cooperation with general secondary schools in Tashkent. University academic staff, specialists and students deliver tailored language lessons, teacher-development workshops, psychological training and interactive educational sessions directly within partner schools. The activities documented below took place at school sites rather than on the University campus, demonstrating the direct transfer of the University's academic, pedagogical and professional expertise to pupils and teachers in the local community.

Foreign Language Development and Teaching Centers

In 2025, UzSWLU launched Foreign Language Development and Teaching Centers in several secondary schools across Tashkent. The centers extend the University's language-teaching expertise to school pupils through tailored lessons, speaking practice and interactive activities.

At Secondary School No. 104 in the Sergeli district, Gulmira Juraboyeva, a lecturer from the Department of English Language Teaching Methodology No. 1, conducted an English lesson accompanied by question-and-answer activities designed to improve pupils' speaking skills. The event was presented as one session within the wider school-center program, rather than as an isolated promotional visit.

Regular English Club sessions at Secondary School No. 299

UzSWLU academics and a University student delivered a series of English Club sessions at Secondary School No. 299 in the Shaykhontohur district. The sessions were designed for tenth-grade pupils and focused on measurable language competencies rather than general university promotion. The documented 2025 sessions included:

- 19 November — learning the phrasal verb "look" and its meanings through reading, speaking, games, role-play and group discussion.
- 26 November — developing speaking skills through discussion, communication and the use of linking words.
- 10 December — understanding English word formation through theory, text analysis, pair work and creative tasks.
- 26 December — understanding CEFR levels and applying international criteria to reading, listening, writing and speaking competencies.



English Club and CEFR-based assessment session at Secondary School No. 299, November–December 2025

The program aimed to strengthen pupils' reading, writing, listening and speaking skills and support their preparation for B2-level certification. Lessons used pair work, small-group discussion, role-play, communication exercises, text analysis and practical tasks. The sessions involved Professor N. Egamberdiyeva, teacher F. Ashurova and UzSWLU student Sevinch Yusupova. The student's participation alongside academic staff demonstrates a supervised student-supported dimension of the outreach activity.

Professional development for teachers at Secondary School No. 195

On 24 December 2025, senior lecturers Nodira Akhmedova and Lola Khayrulloeva from the Department of Theoretical Aspects of the English Language No. 3 delivered a professional-development workshop for teachers at Secondary School No. 195 in the Chilonzor district. The workshop introduced Problem-Based Learning methodology and demonstrated, through practical examples, how it can improve lesson effectiveness and develop pupils' critical-thinking and problem-solving skills. Participants also exchanged professional experience and discussed how the methodology could be integrated into teaching practice.



UZBEKISTAN STATE WORLD LANGUAGES UNIVERSITY



Professional-development workshop for teachers at Secondary School No. 195, 24 December 2025

Psychological education for primary school teachers

On 17 December 2025, UzSWLU delivered an applied psychological training session for primary school teachers at Secondary School No. 299. The program addressed professional stress, emotional burnout and psycho-emotional imbalance among educators. Participants practiced relaxation and breathing exercises, art-therapy techniques and elements of cognitive-behavioral therapy, and received practical guidance on assessing psychological well-being, identifying stress factors, strengthening self-awareness and developing emotional intelligence. The session was delivered by the University psychologist, Zebiniso Khayrullayeva, in cooperation with Feruza Ashurova, Adviser to the Rector on Women's Affairs.



Psychological training for primary school teachers at Secondary School No. 299, 17 December 2025

Institutional impact

The evidence demonstrates that UzSWLU's educational outreach extends beyond occasional campus-based events. Through school-based language centers, recurring English Club lessons, teacher-development workshops and psychological training, the University transfers academic and professional expertise directly to pupils and educators in local communities. These activities strengthen cooperation between higher education and secondary schools, expand access to applied language learning, support internationally aligned language assessment and contribute to the professional development and psychological well-being of school teachers. The involvement of a University student in the regular English Club program also creates a supervised pathway for students to apply pedagogical knowledge while supporting school learners.

Supporting evidence

- Next Training Session Held — <https://uzswlu.uz/en/news/next-training-session-held-1757686542>
- English Club Session on Phrasal Verbs — <https://uzswlu.uz/en/news/effective-organization-of-foreign-language-development-and-teaching-centers-1763968957>
- English Club Session on Speaking Skills — <https://uzswlu.uz/en/news/the-activity-of-foreign-language-development-and-teaching-centers-continues-effectively-1764326909>
- English Club Session on Word Formation — <https://uzswlu.uz/en/news/the-activities-of-foreign-language-development-and-teaching-centers-are-being-effectively-organized-1765855708>
- CEFR Based Language Competence Session — <https://uzswlu.uz/en/news/cefr-based-english-language-competence-assessment-session-held-at-school-no-299-1766919186>



UZBEKISTAN STATE WORLD LANGUAGES UNIVERSITY

- Problem Based Learning Workshop at School No. 195 — <https://uzswlu.uz/en/news/problem-based-learning-workshop-at-school-no-195-1766560325>
- Psychological Training for School Teachers — <https://uzswlu.uz/en/news/training-1766114715>