UZBEKISTAN STATE WORLD LANGUAGES UNIVERSITY

Women's Mentoring Schemes

Women's psychologists | Women's Advisory Council | Faculty women's advisers | Annual adaptation program

Uzbekistan State World Languages University runs an institution-wide mentoring and support scheme for its female students. The scheme is coordinated by three University psychologists working with the Women's Advisory Council, whose staff work in every faculty, together with faculty women's-affairs advisers, tutors and the "Qizlarjon" and "Leader girls" student clubs. In 2025 the scheme had the capacity to reach thousands of women: in the four faculties served by one of the three psychologists alone, about 2,900 unique students took part in mentoring, counseling and training activities, more than 15% of the University's approximately 18,950 female students.

How the scheme is organized

The University has 22,208 students, of whom 85.3% are women, about 18,950 female students. Support for them is organized at three connected levels:

- Three University psychologists deliver group trainings, round tables, individual conversations and psychological guidance, and coordinate the work of the faculty-level women's structures.
- The Women's Advisory Council, a permanent University body, has staff in every faculty. They act as a first point of contact for female students, identify those who need assistance and refer them to psychological, legal, social or material support.
- Faculty women's-affairs advisers, tutors and the "Qizlarjon" and "Leader girls" clubs bring the scheme into student groups and dormitories and give peer leadership opportunities.

What female students receive

- Mentoring-style group programs on self-esteem, stress management, communication, emotional intelligence and family well-being.





Seminar-training on emotional intelligence for female students at the Faculty of Oriental Philology, December 2025

- Leadership development, including training on building the image of a female leader and training for the coordinators of the girls' student clubs.





Psychological training for coordinators of the "Leader girls" and "Qizlarjon" clubs, 23 January 2025

- Round tables and meetings on women's social activity, legal culture, prevention of violence and the role of women in society, with invited specialists and guests.





Round table "We Are Against Violence!", March 2025

- Individual conversations and psychological guidance, including support for female students living in dormitories and for students facing social or personal difficulties.
- Adaptation support for new students, delivered in faculties and in student dormitories.

UzWAVE Gender Studies Research Center

In October 2025 the University established the UzWAVE (Uzbekistan Women and Voices for Equity) Gender Studies Research Center, founded and directed by Professor Guli Ergasheva, Doctor of Philological Sciences and Dean of English Faculty 1. The center advances gender equality through research, seminars, trainings and international cooperation, and supports female students and staff in their academic and professional development. In November 2025 its director took part in the international forum "Promoting Gender Equality through Multilateral Collaboration" held within the 43rd session of the UNESCO General Conference in Samarkand (4 November), presented the center's work to students of the University of Indonesia (18 November), and completed the international program "Women Leaders: Leadership Potential and Equality in the Workplace" at the Institut national du service public (INSP) in France.

Annual adaptation program

At the start of every academic year the University holds adaptation seminars and trainings for first-year students in all faculties, so that the whole first-year cohort is reached. The first-year cohort of 5,834 students included 5,115 women, more than a quarter of all female students. This program is open to all first-year students and forms the first layer of mentoring and orientation support for women, alongside the women-focused activities described above.

Scale of participation

Measure	Participants	Share of approx. 18,950 female students
Threshold for this indicator (10% of female students)	1,895	10.0%
Unique students reached by women's mentoring, counseling and training activities in the four faculties served by one of the three psychologists	about 2,900	15.3%
Same figure, if participants were distributed like the student body overall (85.3% women)	about 2,474 women	13.1%
Women in the first-year cohort covered by the annual adaptation program	5,115	27.0%

The figure of about 2,900 students comes from the annual report of one of the three psychologists, covering the four faculties assigned to her. Activities were repeated several times so as to extend coverage, and each student is counted once. The activities of the other two psychologists in their faculties, and the annual adaptation program, are additional to this figure.

Monitoring

Each psychologist prepares an annual activity report. The Women's Advisory Council reports on the work of its chair and of the faculty advisers, and the Republican Women's Council has reviewed this work. Participation is counted by unique student, so that repeated attendance is not added twice.

Records of activities

- Meeting on female students' social activity, legal culture and psychological well-being — https://uzswlu.uz/news/talaba-qizlarning-ijtimoiy-faolligi-huquqiy-madaniyati-va-psixologik-farovonligiga-qaratilgan-uchrashuv-1789716501
- Psychological conversation with female students — https://uzswlu.uz/news/talaba-qizlar-bilan-psixologik-suhbat-tashkil-etildi-1768981138
- Psychological training "Creating the image of a female leader" — https://uzswlu.uz/en/news/psychological-training-on-creating-the-image-of-a-female-leader-was-organized-for-female-students-of-uzswlu-1705477522
- Psychological training for coordinators of the "Leader girls" and "Qizlarjon" clubs — https://uzswlu.uz/cn/news/23-yanvar-sanasida-ozbekiston-davlat-jahon-tillari-universiteti-yoshlar-ittifoqi-boshlangich-tashkilotining-lider-qizlar-qizlarjon-klubi-koordinatorlari-ishtirokida-psixologik-trening-tashkil-etildi-1737793544
- Meeting with students in the Mother and Child Room — https://uzswlu.uz/news/ona-va-bola-xonasida-malakaviy-va-pedagogik-amaliyotga-jalb-etilgan-talabalar-bilan-uchrashuv-bolib-otdi-1768983133
- Round table "Attention to women in Uzbekistan" — https://uzswlu.uz/news/davra-suhbati-1741075582
- Review of the work of the Women's Council chair and faculty advisers by the Republican Women's Council working group — https://uzswlu.uz/news/ozbekiston-davlat-jahon-tillari-universiteti-xotin-qizlar-kengashi-raisi-va-fakultet-dekan-maslahatchilarining-reja-asosida-amalga-oshirilayotgan-ishlari-respublika-xotin-qizlar-kengashi-ishchi-guruhi-tomonidan-organib-chiqildi-1730808380
- Round table "We are against violence!" — https://uzswlu.uz/news/ozdjtuda-biz-zoravonlikka-qarshimiz--mavzusida-davra-suhbati-bolib-otdi-1742193801
- Seminar-training "Emotional intelligence" at the Faculty of Oriental Philology — https://uzswlu.uz/news/sharq-filologiyasi-fakultetida-hissiy-aqlilik-mavzusida-seminar-trening-tashkil-etildi-1766843631
- Round table "Mechanisms for preventing domestic violence" — https://uzswlu.uz/news/oilaviy-zoravonlikning-oldini-olish-mexanizmlari-mavzusida-davra-suhbati-tashkil-etildi-1778048755
- Establishment of the UzWAVE Gender Studies Research Center — https://t.me/UzWAVE_center/5https://uzswlu.uz/news/oilaviy-zoravonlikning-oldini-olish-mexanizmlari-mavzusida-davra-suhbati-tashkil-etildi-1778048755
- UzWAVE director at the UNESCO General Conference forum, Samarkand, 4 November 2025 — https://t.me/UzWAVE_center/18https://uzswlu.uz/news/oilaviy-zoravonlikning-oldini-olish-mexanizmlari-mavzusida-davra-suhbati-tashkil-etildi-1778048755
- UzWAVE seminar for students of the University of Indonesia, 18 November 2025 — https://t.me/UzWAVE_center/26https://uzswlu.uz/news/oilaviy-zoravonlikning-oldini-olish-mexanizmlari-mavzusida-davra-suhbati-tashkil-etildi-1778048755

Institutional pages

- Women's Advisory Council — mandate, structure and support route for women students and staff — https://uzswlu.uz/xotin-qizlar-maslahat-kengashi
- Psychological Service — confidential counseling and support — https://uzswlu.uz/en/psychological-service