UZBEKISTAN STATE WORLD LANGUAGES UNIVERSITY

# Mentoring, Counseling and Support for Under-represented Groups

*SDG 10 Reduced Inequalities | Reporting year 2025*

## Overview

Uzbekistan State World Languages University (UzSWLU) runs mentoring, counseling and support programs for students, staff and faculty from under-represented groups. The programs rest on three university-wide systems: academic group tutors, who follow every student's progress and wellbeing; the university psychologist, who provides confidential counseling; and peer support, in which senior students help younger students. On top of these, targeted support is provided for students with disabilities, women, low-income students, orphans, international students and staff.

## Programs by group

| Group | Mentoring, counseling or peer support | Delivered by |
|---|---|---|
| **Students with disabilities** (226) | A personal tutor for every student (10 tutors, about 1:23), individual learning plans, weekly one-to-one academic counseling, daily access to the university psychologist, and personal assistants for students with severe disabilities | Coordination of Tutors' Activities; university psychologist |
| **Women students and staff** | Mentoring for women, early identification of women in need, and social, legal, psychological and material support; seminars on women's rights and preventing violence | Women's Advisory Council |
| **Low-income students** | Academic group tutors follow each student's progress; psychological and material assistance under published procedures; 6,448 students received need-based financial aid in 2025 | Department of Youth Work, Spirituality and Enlightenment; tutors |
| **Orphans and students deprived of parental care** | Additional monthly stipends and individual follow-up by academic group tutors and dormitory educators | Rector's orders; tutors |
| **International students** | Guidance on study, residence and campus life, and dormitory support for students from developing countries | International Relations Department |
| **First-year and new students** | Peer support: senior students help first-year students adapt to university life, studies and dormitory life | Primary Organization of the Youth Union |
| **Staff and faculty** | Psychological and financial support for employees under a published procedure; support for women staff through the Women's Advisory Council and the trade union committee | Department of Youth Work, Spirituality and Enlightenment; Trade Union Committee |

## How support is organized

- **Tutoring system.** Every academic group has a tutor. The Coordination of Tutors' Activities Department assigns tutors and monitors their work, and students with disabilities receive an individually assigned personal tutor for their whole period of study.
- **Counseling.** The university psychologist works within the Department of Youth Work, Spirituality and Enlightenment. The department runs seminars and trainings on student mental health and applies published procedures for psychological and material assistance to students and staff.
- **Peer support.** The Primary Organization of the Youth Union organizes senior students to help first-year students settle into university life, their studies and the dormitories.




*"First-Year School" adaptation program: meeting with the psychologist (left) and first-year students with their tutors (right), September 2025*

- **Women's support.** The Women's Advisory Council identifies women students and staff who need help, including women with disabilities, and arranges social, legal, psychological and material support.
- **Confidential access.** Students and staff can ask for help through their tutor, the psychologist, the Women's Advisory Council (+998 99 804 76 84) or the university trust line (+998 71 230 13 73).

## Related links

Inclusive Education and Disability Support Services
Coordination of Tutors' Activities
Department of Youth Work, Spirituality and Enlightenment
Women's Advisory Council
Primary Organization of the Youth Union
SDG 1: No Poverty — support for low-income and orphaned students