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3 GOOD HEALTH AND WELL-BEING

SDG 3
GOOD HEALTH AND WELL-BEING

UZBEKISTAN STATE WORLD LANGUAGES UNIVERSITY

SDG 3: Good Health and Well-Being — UzSWLU Progress Summary

Free medical and psychological care | Community partnerships | Shared sport facilities | 2025

Uzbekistan State World Languages University (UzSWLU) supports the health and wellbeing of its students, staff and surrounding community through free, confidential care, formal partnerships with local and national health institutions, and shared access to university facilities. The examples below summarize verified activity documented by the University during 2025.



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Confidential, round-the-clock mental health support

Since 2018, UzSWLU's Psychological Service has provided students and staff with free, confidential support, including individual counseling, psychodiagnostic assessment and group training, accessible directly and without referral. During 2025, the service provided psychological consultations to 8,677 students, 246 academic staff and 76 other employees, alongside a dedicated anonymous workplace climate assessment for staff and quarterly reproductive-health education for students.



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Community health partnerships beyond the campus

UzSWLU maintains an official cooperation agreement with City Clinical Hospital No. 16, giving students and staff a free referral pathway to specialist and diagnostic care. On 18 December 2025, the University joined Family Polyclinic No. 23 and residents of the Jurjoniy neighborhood in a preventive health initiative addressing healthy lifestyles and family wellbeing. University student volunteers have also supported children receiving palliative care at Uzbekistan's first children's hospice, in Zangiota District.



SUSTAINABLE DEVELOPMENT GOALS

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Free access to sport for the wider community

UzSWLU shares its sports complexes, halls and outdoor grounds with local residents and schoolchildren in Tashkent city and Angren city, free of charge and on a scheduled basis, including at weekends. On 16 April 2025, the University signed formal memoranda with district sports schools and the Republican Center for Preparation in Olympic and Paralympic Sports, extending joint training, events and volunteering opportunities to the wider community.







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A renewed smoke-free commitment

UzSWLU enforces a campus-wide smoke-free policy covering all indoor and outdoor University premises. The commitment was reinforced by the University's Code of Ethics, approved by the University Council on 27 June 2024 and endorsed by the Rector on 29 June 2024, which expressly prohibits tobacco, vapes and electronic cigarettes on campus.









Good health and well-being

Key figure

8,677 students, 246 academic staff and 76 other employees received free, confidential psychological support through UzSWLU's Psychological Service during 2025.

Underlying evidence

This summary is drawn from UzSWLU's indicator-level evidence for SDG 3: current collaboration with healthcare institutions; community health and wellbeing outreach; shared sports facilities; student access to reproductive health services; student and staff access to mental health support; and the University's smoke-free policy. Each of these areas is documented separately with dated activity records and official sources.

